



Life groups allow us to follow Jesus with other committed people. When we gather together and connect with other believers for the study of God's word and the practice of spiritual disciplines, we grow as true disciples. Life groups are a connection point with people who share common interests, are at a similar life stage or are dealing with similar life issues. These groups meet regularly and are designed to strengthen and build our relationships with God and with each other.

SUNDAY LIFE GROUPS

ADULT SUNDAY SCHOOL CLASSES

Crusaders Class 9:45 am in the Cornell Conference Room 111 – Senior Adults

Diverse Disciples Class 9:45 am in Room 212 - Middle Age Adults

Friendship Class 9:45 am in Fellowship Hall 4 – Senior Adults

New Outlook Class 9:45 am in Fellowship Hall 2 – Middle Age Adults

One Way Class 9:45 am in Fellowship Hall 1 & 7 – Middle Age Adults

Women's Circle of Faith 9:45 am in Room 208/210 - Women of all ages

The Quest Life Group 11:00 am in Room 211 - Young Adults

Family and Friends Life Group 11:00 am in the Parlor - Youth and Adults

YOUTH SUNDAY SCHOOL for 7th-12th GRADERS

Join us at 9:45 am in the Youth Wing as we engage in interactive discussions and expressive activities that explore the spiritual disciplines such as prayer, scripture, meditation and more. Students will dive deeper into their relationships with God and build meaningful relationships with their peers and leaders.

CHILDREN'S SUNDAY SCHOOL

Sundays at 9:45 am and 11:00 am in the Children's Wing

Children's Ministry is planned for children in Kindergarten through 6th grades.

REGULAR SUNDAY WORSHIP SCHEDULE

8:30 am Traditional Worship Service

9:45 am Contemporary Worship Service/classes

11:00 am Traditional Worship Service/classes

12:30 pm Servicio de Adoración en Español

WEEKDAY LIFE GROUPS

LADIES NIGHT OUT BIBLE STUDY

Listen, Love, Repeat: Other-Centered Living in a Self-Centered World – A study for Women

Our culture is self-obsessed – in our schedules, relationships, and especially online. (Can you say selfie?) But in this near-narcissism, people are less content than in decades past. Why? Because we forgot the joy that comes from putting others first. Doing so requires us to live alert, listening for “heart drops,” hints from those in our lives who need a helping hand or a generous dose of encouragement. Living alert lifts our own spirits, showing us that blessing others blesses us even more.

Join Lacryca Flatt and the Tuesday Ladies' Night Out group as we explore biblical teaching that suggests doable actions that are simple, heart-tugging, sentimental, even sneaky and hilarious. We'll learn what it means to scatter love and create safe spaces where we can openly share the gospel and see lives changed right before our eyes. Most importantly, *Listen, Love, Repeat* will enable you to live a life that is full of kind deeds, not to selfishly shout, “Hey! Look at me!” but to humbly implore, “Will you look at Him?”

This study meets on **Tuesdays at 7:00 pm in Room 211**. Cost \$25. Contact Casey Gray at CaseyGray@FirstPasadena.org for more information.

YOUTH MINISTRY

Wednesdays, 4:00 pm-8:00 pm | Gym & Log Cabin

Students from 7th-12th grade can enjoy basketball and volleyball, followed by dinner together and a time of devotional study. Austin and Paige Cleland lead by giving opportunities for individual and group discussion, as well as biblical teaching as the students learn how to grow in Christ and build relationships with their peers and others.

MEN'S PRAYER AND STUDY BREAKFAST

Thursdays, 7:00 am-8:00 am | Kitchen & Fellowship Hall 4

Men of all ages can enjoy a hearty breakfast with Dr. Will Reed and Casey Gray, followed by a devotional study using Dr. Reed's GPS sermon guide. Kitchen helpers are needed each week and can sign up at the Ministry Center and online at www.FirstPasadena.org/adults.

LEVITES MAINTENANCE MINISTRY

Wednesdays, 8:00 am-12:30 pm | Log Cabin, Church Campus

The Levites are a group of men that specialize in keeping the church maintained and physically operational. The group consists of wood craftsmen, electricians, plumbers and preventative maintenance volunteers. Each session starts with a devotional and prayer. The rest of the morning is spent repairing areas of the church, grounds and vehicles, followed by lunch together. The group is open to all who enjoy getting things done, regardless of skill level. The Levites work to ensure God's house runs as smoothly as possible and keep facility maintenance costs to a minimum.

PRAYERS AND SQUARES

Prayer quilts are a statement of our faith in God's power to comfort, strengthen and heal and are a tangible sign of God's ever-present grace. Prayer quilts are available to church members and their immediate family who are experiencing physical, emotional, or spiritual crisis and believe they can benefit from being “covered in prayer.” A quilt may be requested by calling the church office, speaking with one of the pastors, or by e-mailing PrayersAndSquares@FirstPasadena.org. If you have any questions or if you would like to join this group, please contact Jane Regner at 713-516-4530.

WEEKDAY LIFE GROUPS

LIVING THE FIVE—A PEARLAND AREA LIFE GROUP

Thursdays, 7:00-8:30 pm | Home of Casey and Blair Gray

Our daily walk with God is enhanced when we can connect with other Christians during the week and “do life” together. Discovering the DNA of who we are in Christ is vital to regular and continued growth as a follower of Jesus. Living the Five is a 6-week study that goes deeper into five principles that can be the driving force behind a thriving church.

This group will discuss the following five points: You Can't Do Life Alone, Growing People Change, Saved People Serve People, Found People Find People, and Worship Is A Lifestyle

Hosted by Casey and Blair Gray at their home in Pearland. It's designed to be a community builder for people of all ages looking to deepen their relationship with God and with others. Contact Casey Gray at CaseyGray@FirstPasadena.org for more information. Childcare provided.

WOMEN'S RETREAT

SWEET LIFE CAFÉ—LADIES RETREAT

Saturday, May 6, 9:00 am-4:00 pm | Log Cabin, Church Campus

At one time or another throughout the year, every woman can find herself pulled in many different directions by the busyness of work, kids, family, and everyday life. It's during times like these that our souls often long the most for time spent with God and with others who share similar experiences.

The Sweet Life Café retreat is a place where women can slow down and savor time with God and each other. It'll feel like a cozy day at your favorite coffee shop—an oasis where women can find rest and laughter, share their stories, build friendships and grow closer to God.

Divided into six sweet sessions, women will worship, study the Bible, laugh, pray, and have personal reflection time with God. They'll leave Sweet Life Café nourished by the Bread of Life and satisfied by the sweetness of God's Word.

Highlights of Sweet Life Café include:

- Breakfast, lunch, and other refreshments
- Guided worship, uplifting music, and small-group discussions that keep women engaged through laughter-filled skits
- A special gift pendant and activity that provides affirmation for each woman
- A unique devotion kit to use for personal time with God
- A meaningful service project that will allow participants to extend sweet encouragement to others

Hosted by Lacrya Flatt, this one-day event for women (18 years old and up) will be held in our own Log Cabin on **Saturday, May 6 from 9:00 am to 4:00 pm**. Join us as we get away together! Cost \$45. Registration sheets are available at the Ministry Center.

WORSHIP ARTS LIFE GROUPS

HANDBELL CHOIR

Wednesdays, 5:15-6:00 pm | Handbell Room

The Handbell Choir provides special music at the Traditional Worship services on Sunday mornings once a month. Handbell Choir Practice is held Wednesdays at 5:15 in the Handbell Room upstairs (excluding summer months). They also participate in an annual handbell festival. To join this group, contact Nicole Gray at NicoleGray@FirstPasadena.org.

CHANCEL CHOIR

Wednesdays, 7:00 | Choir Room

The Chancel Choir leads music at the Traditional Worship services on Sunday mornings. Choir practice is held Wednesdays at 7:00 pm in the Choir Room (excluding the month of July). They also work on 2 annual large concerts and a cantata. To join the choir, contact Nicole Gray at NicoleGray@FirstPasadena.org.

CONTEMPORARY PRAISE TEAM

Tuesdays, 7:00 pm | Sanctuary

The Praise Team leads music in the 9:45 am Contemporary Service in the Sanctuary. Praise Team practice is held on Tuesday at 7:00 pm in the Sanctuary. They work on a monthly rotation schedule. A casual audition with the worship leaders is required. To participate in the Praise Team, contact Nikki at NicoleGray@FirstPasadena.org.

WELLNESS LIFE GROUP

FIRST FITNESS EXERCISE CLASS

Mondays, Tuesdays and Thursdays, 9:00-10:00 am | Gym

On Monday, Tuesday and Thursday mornings from 9:00 am–10:00 am, First Fitness exercise class meets in the Gym. This program encompasses all ages and fitness levels. Standing, sitting or exercising on the floor as able, participants strengthen muscles, improve stamina and flexibility and have fun! First Fitness is offered in 10-week sessions for \$36 per session.

