



## REGULAR SUNDAY WORSHIP SCHEDULE

**8:30 am** Traditional Worship Service

**9:45 am** Contemporary Worship Service/Classes in English

**11:00 am** Traditional Worship Service/Classes in English and Español

**12:30 am** Servicio de Adoración en Español

All are welcome to come and join us for our Spanish services at 12:30 pm. Regardless of the language you speak, or the service you regularly attend, we are one in Christ and would love to see you.

El ministerio en español de nuestra iglesia, es una extensión de la visión general de la Primera Iglesia Metodista Unida de Pasadena, por tanto, SOMOS UNO EN CRISTO independientemente del idioma que hablamos o el culto en que adoramos a Dios. De modo que siéntase libre de estar en cualquiera de los servicios que tenemos en nuestra iglesia, sea tradicional, contemporáneo, en inglés o en español, todos somos Bienvenidos. Para más información contacte al Pastor Ruben Olivares at [RubenOlivares@FirstPasadena.org](mailto:RubenOlivares@FirstPasadena.org).

## SUNDAY LIFE GROUPS

Life groups allow us to follow Jesus with other committed people. When we gather together and connect with other believers for the study of God's word and the practice of spiritual disciplines, we grow as true disciples. Life groups are a connection point with people who share common interests, are at a similar life stage or are dealing with similar life issues. These groups meet regularly and are designed to strengthen and build our relationships with God and with each other.

### ADULT SUNDAY SCHOOL CLASSES

**Crusaders Class** 9:45 am in the Cornell Conference Room 111 – Senior Adults

**Diverse Disciples Class** 9:45 am in Fellowship Hall 2 - Middle Age Adults

**Friendship Class** 9:45 am in Fellowship Hall 4 – Senior Adults

**New Outlook Class** 9:45 am in the Parlor – Middle Age Adults

**One Way Class** 9:45 am in Fellowship Hall 1 & 7 – Middle Age Adults

**Women's Circle of Faith** 9:45 am in Room 226 - Women of all ages

**Family and Friends Life Group** 11:00 am in the Parlor - Youth and Adults

**Escuela Dominical en Español** 11:00 am in Room 208/210 - Adultos de todas edades

# SUNDAY LIFE GROUPS

## **YOUTH SUNDAY SCHOOL for 7th-12th GRADERS**

Join us at 9:45 am in Room 215/217 as we engage in interactive discussions and expressive activities that explore the spiritual disciplines such as prayer, scripture, meditation and more. Students will dive deeper into their relationships with God and build meaningful relationships with their peers and leaders. Spanish Sunday School for youth is available at 11:00 am

## **CHILDREN'S SUNDAY SCHOOL**

Join us upstairs at 9:45 am (English) and 11:00 am (English and Spanish)  
Children's Ministry is planned for children in Kindergarten through 6th grades.

# WEEKDAY LIFE GROUPS

## **FIRST FRIENDS DAY SCHOOL**

Open 5 days a week from 7:00 am – 6:00 pm. First Friends is state licensed, high quality care for children 3 months to 10 years in a calm and loving environment. Call 281-487-8170 for more information.

## **LADIES NIGHT OUT BIBLE STUDY**

**Tuesdays, 7:00 pm-8:00 pm | Fellowship Hall 2**

Women of all ages are invited to join in short term Bible Studies to grow together in their faith. For more information please contact Casey Gray at [CaseyGray@FirstPasadena.org](mailto:CaseyGray@FirstPasadena.org) or see your bulletin.

## **LEVITES MAINTENANCE MINISTRY**

**Wednesdays, 8:00 am-12:30 pm | Log Cabin, Church Campus**

The Levites are a group of men that specialize in keeping the church maintained and physically operational. The group consists of wood craftsmen, electricians, plumbers and preventative maintenance volunteers. Each session starts with a devotional and prayer. The rest of the morning is spent repairing areas of the church, grounds and vehicles, followed by lunch together. The group is open to all who enjoy getting things done, regardless of skill level. The Levites work to ensure God's house runs as smoothly as possible and keep facility maintenance costs to a minimum.

## **YOUTH MINISTRY**

**Wednesdays, 4:00 pm-8:00 pm | Gym & Room 217**

Students from 7th-12th grade can enjoy basketball and volleyball, followed by dinner together and a time of devotional study. Austin and Paige Cleland lead by giving opportunities for individual and group discussion, as well as biblical teaching as the students learn how to grow in Christ and build relationships with their peers and others.

## **ESTUDIO BIBLICO**

**Miércoles, 7:00 pm | Parlor**

Todos están invitados a participar en nuestras reuniones de Oración y Estudio Bíblico los miércoles a las 7:00 pm en el Parlor. Tenemos música, oración, estudio, comunión y mucho más! Para más información contacte al Pastor Ruben Olivares at [RubenOlivares@FirstPasadena.org](mailto:RubenOlivares@FirstPasadena.org). Español

## WEEKDAY LIFE GROUPS

### **MEN'S PRAYER AND STUDY BREAKFAST**

**Thursdays, 7:00 am-8:00 am | Kitchen & Fellowship Hall 4**

Men of all ages can enjoy a hearty breakfast with Dr. Will Reed and Casey Gray, followed by a devotional study using Dr. Reed's GPS sermon guide. Kitchen helpers are needed each week and can sign up at the Ministry Center and online at [www.FirstPasadena.org/adults](http://www.FirstPasadena.org/adults).

### **PRAYERS AND SQUARES**

Prayer quilts are a statement of our faith in God's power to comfort, strengthen and heal and are a tangible sign of God's ever-present grace. Prayer quilts are available to church members and their immediate family who are experiencing physical, emotional, or spiritual crisis and believe they can benefit from being "covered in prayer." A quilt may be requested by calling the church office, speaking with one of the pastors, or by e-mailing [PrayersAndSquares@FirstPasadena.org](mailto:PrayersAndSquares@FirstPasadena.org). If you have any questions or if you would like to join this group, please contact Donna Wilson [WilsonDonna715@gmail.com](mailto:WilsonDonna715@gmail.com) or by calling 281-222-3029.

## WORSHIP ARTS LIFE GROUPS

### **HANDBELL CHOIR**

The Handbell Choir provides special music at the Traditional Worship services on Sunday mornings once a month. Handbell Choir Practice is held Wednesdays at 5:15 in the Handbell Room upstairs (excluding summer months). They also participate in an annual handbell festival. To join this group, contact Nicole Gray at [NicoleGray@FirstPasadena.org](mailto:NicoleGray@FirstPasadena.org).

### **CHANCEL CHOIR**

The Chancel Choir leads music at the Traditional Worship services on Sunday mornings. Choir practice is held Wednesdays at 7:00 pm in the Choir Room (excluding the month of July). They also work on 2 annual large concerts and a cantata. To join the choir, contact Nicole Gray at [NicoleGray@FirstPasadena.org](mailto:NicoleGray@FirstPasadena.org).

### **CONTEMPORARY PRAISE TEAM**

The Praise Team leads music in the 9:45 am Contemporary Service in the Sanctuary. Praise Team practice is held on Tuesday at 7:00 pm in the Sanctuary. They work on a monthly rotation schedule. A casual audition with the worship leaders is required. To participate in the Praise Team, contact Nikki at [NicoleGray@FirstPasadena.org](mailto:NicoleGray@FirstPasadena.org).

## WELLNESS LIFE GROUP

### **FIRST FITNESS EXERCISE CLASS**

On **Monday, Tuesday and Thursday mornings from 9:00 am-10:00 am**, First Fitness exercise class meets in the Gym. This program encompasses all ages and fitness levels. Standing, sitting or exercising on the floor as able, participants strengthen muscles, improve stamina and flexibility and have fun! First Fitness is offered in 10-week sessions for \$36 per session.